



U.S. National Collegiate Taekwondo Association

<http://www.ncta-usa.com/>

The National Collegiate Taekwondo Association is pleased to host the 42nd National Collegiate Taekwondo Championships and 4th National High School Championships on April 1-2, 2017 at the University of California, San Diego in San Diego, CA. The 42nd National Collegiate Taekwondo Championships includes poomsae and sparring competition for both color and black belts. The 4th National High School Championships includes poomsae and sparring competition only for black belts.

The Collegiate black belt sparring divisions and the collegiate black belt poomsae team trials divisions will serve as the team trials for the 2017 US National Collegiate team competing at the 29th Summer Universiade (Summer World University Games) in Taipei, Taiwan (<http://2017.taipei/bin/home.php?Lang=en>)

The NCTA Championships are a USA Taekwondo-sanctioned event and serve as a qualifier for the 2017 USA Taekwondo National Championships for all competitors. All collegiate participants (black belts and color belts) in the Collegiate Championships will qualify to compete at the 2017 USAT National Championships in their corresponding divisions of poomsae or sparring. High school competitors will qualify for the division in the USAT National Championships which they must select when registering for the 4th National High School Championships.

Sponsored by:

U.S. National Collegiate Taekwondo Association (NCTA)

Hosted and organized by the NCTA (<http://ncta-usa.com/>)

NCTA President: Dr. Russell Ahn

Tournament Director: Rex Hatfield

Tournament Host: Jacky Baik

Contact email: masterbaikusa@gmail.com

Sanctioned by:

USA Taekwondo (<http://www.teamusa.org/USA-Taekwondo>)

Venue (for registration, competition, weigh-ins, and meetings)

University of California, San Diego

RIMAC Arena

9730 Hopkins Dr.

La Jolla CA 92093



2017 National Collegiate Taekwondo Championships Schedule

Please note that times within the daily schedule may change

Friday, March 31

- 2:00-8:00pm Credential pick up at the venue
- 4:00-8:00pm Weigh-ins only for color belts and high school sparring competitors (these competitors **must** weigh-in during this time) at the venue
- 7:00-8:00pm Annual NCTA meeting at the venue
- 7:00-9:30pm Referee meeting (location tbd)

Saturday, April 1

- 9:00am Color belt poomsae (all ranks)
- 10:00am Team poomsae (Championship division)
- 10:30am Team poomsae (Team trials division)
- Male White/Yellow Sparring, all weights
- 11:00am Individual black belt poomsae (male & female : Championship division)
- 1:00pm Female White/Yellow Sparring, all weights
- 2:00pm Male Green/Blue Sparring, all weights
- Individual black belt poomsae (male & female : Team trials division)
- 2:00-6:00pm Credential pick up ; Collegiate black belt weigh-ins at the venue
- 2:30pm Pairs poomsae (Championship division)
- High School Pairs poomsae divisions



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- 3:30pm Female Green/Blue Sparring, all weights
High School Individual poomsae divisions
- 4:00pm Pairs poomsae (Team trials division)
High School Teams poomsae divisions
- 4:30pm Female Red Sparring, all weights
High school sparring divisions (male and female), all weights
- 5:30pm Male Red Sparring, all weights

Sunday, April 2

- 9:00am Collegiate black belt sparring matches 1-20
- 9:30am Collegiate black belt sparring continues through finals
- TBA Awards ceremony (immediately following the completion of the black belt competition)



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Airports: San Diego (SAN): 15 miles

Los Angeles (LAX): 112 miles

Competitor hotels:

San Diego Marriott La Jolla

4240 La Jolla Village Drive

La Jolla CA 92037

[Click here for the direct reservation link.](#)

or call [858-597-6321](tel:858-597-6321) and mention "National Collegiate Taekwondo"

Local shuttle information:

Super Shuttle: <https://www.supershuttle.com/locations/sandiegosan/>



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Competition rules

The 2017 National Collegiate Taekwondo Championships will follow the latest USAT rules with additional eligibility requirements as follow:

Age

Black belts: born between January 1, 1989 and December 31, 1999

Color belts: born before December 31, 1999

Citizenship

Black belt collegiate sparring and poomsae competitors must show proof of United States of America citizenship

A copy of a U.S. passport, birth certificate, or naturalization papers is acceptable proof and **must** be submitted with eligibility forms.

All collegiate competitors must either:

1. Be registered for at least 6 units of classes during the Spring 2017 term at an accredited 2-year, 4-year, or graduate college or university.

Current student must submit the student certification form or a letter from the college or university **registrar** on that institution's letterhead with includes all requested information.

The certification must be produced and dated after February 1, 2017.

Please note that photocopies for the certification of collegiate status **will NOT** be accepted. A student ID is **NOT** sufficient.

2. Have graduated from an accredited 2-year, 4-year, or graduate college or university in 2016 or 2017. Graduates must submit an official transcript.

The eligibility forms are available on this page: <http://ncta-usa.com/2017-ncta-championships/>

under "Eligibility and other forms," Collegiate competitors



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High school eligibility:

- All high school competitors must be black belts.
- High school competitors must be born between January 1, 1998 and December 31, 2002.
- All high school competitors must show proof of full-time high school student status from their school. The certification must be produced and dated after February 1, 2017. Photocopies of certification of high school status will not be accepted, and a student ID is not sufficient.
- The high school eligibility forms are available on this page: <http://ncta-usa.com/2017-ncta-championships/> under “eligibility and other forms,” High school competitors



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The NCTA Championships are sanctioned by USA Taekwondo. Athletes, coaches, and referees must register online at the USA Taekwondo Hangastar site (<http://www.usat.hangastar.com>). Registration requires USA Taekwondo Membership, which may be purchased at the Hangastar site for \$45. Any **color belt competitors** who are **international** students should **not** join USA Taekwondo as an international member as this event is not an international competition. Please join USAT as "USA athlete." White belt competitors should register as yellow belts.

Once logged into the Hangastar site, click on the Events tab and page forward under the "Current" sub-tab until you see the event "National Collegiate Taekwondo Championships" and click on "Register Now."

This **does** include the High School division of the collegiate championships.

Please note that all eligibility materials (listed below) must be postmarked by March 20, 2017

Required Paper Registration Forms (<http://ncta-usa.com/2017-ncta-championships/>)

Collegiate Color Belts

- NCTA Certification of Collegiate Status (must be certified by college registrar)

Collegiate Black Belts

- NCTA Certification of Collegiate Status (must be certified by college registrar)
- FISU Certification of Collegiate Status (must be certified by college registrar)
- Proof of citizenship – color copy of current passport or copy of birth certificate, naturalization certificate, or certificate of citizenship

High School Black Belts

- NCTA Certification of High School Status (must be certified by high school)
- Proof of citizenship – color copy of current passport or copy of birth certificate, naturalization certificate, or certificate of citizenship

All paper forms must be mailed to the address listed below. These forms must be postmarked by March 20, 2017:

2017 NCTA Championships
4101 Dublin Blvd, Ste. F #33
Dublin CA 94568



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<http://www.ncta-usa.com/>

Please do not use signature verification or return service when sending in your eligibility forms as it may significantly delay your paperwork!

Fees

Competitors: early registration fee (pay by March 20): \$80 for one event, \$15 more for each additional event

Late registration fee (March 21-27): \$100 for one event, \$15 more for each additional event

Weight changes: \$50 Anyone who wishes to change their weight after the close of registration will need to pay a \$50 change fee. This must be done before the athlete steps on the official scale in weigh-ins.

Coaches: early registration fee (pay by March 20): \$60

Late registration fee (March 21-27): \$80

Please note that **ALL** coaches must complete a background check before they can register to coach at any USAT sanctioned event.

Further information about this requirement can be found here:

<http://www.teamusa.org/USA-Taekwondo/V2-Membership/Become-a-USA-Taekwondo-Member/COACH-Membership>

There is **absolutely no** registration (coaches or athletes) at the door.

All competitors and coaches must pay for their registration before registration closes at the end of the day on Monday, March 27, 2017

Any competitors eligible for both the collegiate and high school events can only compete in one event or the other, not both.



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Athlete Checklist

- ❑ Register and pay for event on <http://www.usat.hangastar.com>
- ❑ Mail the following forms to 2017 NCTA Championships (these forms are available at: <http://ncta-usa.com/2017-ncta-championships/>)
 - *Form A* – Eligibility form for all collegiate competitors
 - *Form B* – Eligibility form for all high school competitors
 - Proof of citizenship for all *Black Belt Sparring* and *Black Belt Poomsae* competitors
 - Copy of passport, birth certificate or naturalization papers.
 - FISU Eligibility form for all collegiate black belt sparring and poomsae team trials competitors

Coach Checklist

- ❑ Register and pay for event on <http://www.usat.hangastar.com>



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Equipment

All uniforms and gear must follow standard USAT and WTF rules.

Competitors are required to have:

- Standard white, V-neck taekwondo uniform in good condition. Black belt uniforms must have a black collar. Color belt uniforms (even for red belts) must have a white collar. Poomsae competitors may wear WTF-approved Y-neck uniforms; pair and team competitors are recommended to match uniform styles.
- Properly-fitting WTF foam head gear, with no damage or cracks.
- Foam or vinyl shin protectors, forearm guards, and for color belts, instep protectors. Forearm guards with hand protectors attached are not allowed.
- WTF-approved open-finger gloves (**mandatory for all sparring competitors**).
- Groin protection (required for male sparring competitors) worn under uniform.
- Mouth guard. All sparring athletes are **REQUIRED** to use a mouth guard. A mouth cover may be used for those with braces if an orthodontist's note is provided prior to the beginning of competition. **Mouth guards must be clear or white.**

Head gear and gloves can be white, red, or blue. If not white, they must correspond to the color of the chest gear.

Electronic Gear

Daedo/Truescore electronic chest protectors will be used for all sparring divisions. All sparring athletes must provide their own Daedo e-Footgear.

Taping

All taping must be signed off on the taping itself by medical staff.



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Collegiate Kyorugi (Sparring)

Black belts

3 Rounds of 2 minutes, 1 minute rest (subject to change)

Single elimination for preliminaries, and for collegiate black belts only, double elimination for semifinals and finals.

Daedo/Truescore electronic chest protectors will be used.

Athletes must provide their own Daedo e-Footgear.

Color belts

3 Rounds of 1 minute, 30 seconds rest (subject to change)

Single elimination rules

Daedo/Truescore electronic chest protectors will be used.

Athletes must provide their own Daedo e-Footgear.

The White/Yellow and Green/Blue belt sparring divisions will compete under Junior Safety Rules (controlled head contact). All other divisions compete under regular adult rules.

High School Kyorugi (Sparring)

3 Rounds of 1 minute, 30 seconds rest (subject to change)

Single elimination.

Daedo/Truescore electronic chest protectors will be used.

Athletes must provide their own Daedo e-Footgear.



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Sparring Divisions

All sparring divisions will serve as a qualifier for the 2017 USA Taekwondo National Championships. There will be no color belt high school divisions. The weight divisions are as follows:

Collegiate Black Belts

| | Male | Female |
|---------|-------------|-------------|
| Fin | Below 54 kg | Below 46 kg |
| Fly | 54.1-58 kg | 46.1-49 kg |
| Bantam | 58.1-63 kg | 49.1-53 kg |
| Feather | 63.1-68 kg | 53.1-57 kg |
| Light | 68.1-74 kg | 57.1-62 kg |
| Welter | 74.1-80 kg | 62.1-67 kg |
| Middle | 80.1-87 kg | 67.1-73 kg |
| Heavy | Over 87 kg | Over 73 kg |

High School Black Belts (Junior weight divisions)

| | Male | Female |
|--------------|-------------|-------------|
| Fin | Below 45 kg | Below 42 kg |
| Fly | 45.1-48 kg | 42.1-44 kg |
| Bantam | 48.1-51 kg | 44.1-46 kg |
| Feather | 51.1-55 kg | 46.1-49 kg |
| Light | 55.1-59 kg | 49.1-52 kg |
| Welter | 59.1-63 kg | 52.1-55 kg |
| Light Middle | 63.1-68 kg | 55.1-59 kg |
| Middle | 68.1-73 kg | 59.1-63 kg |
| Light Heavy | 73.1-78 kg | 63.1-68 kg |
| Heavy | Over 78 kg | Over 68 kg |

Divisions may be combined at the tournament director's discretion. However, athletes must weigh in for the weight division they wish to qualify for at nationals. If turning 18 or older in 2017, they must specify in Hangastar the corresponding senior division that they intend to make weight for qualification purposes.



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Collegiate Color Belts

IMPORTANT NOTE FOR COLOR BELTS: although 8 weight divisions are listed for color belts in the online Hangastar registration site, color belt sparring will be combined into 4 weight divisions as described below: fin/fly, bantam/feather, light/welter, and middle/heavy. Color belt competitors who would like to compete at the 2017 USAT National Championships in the color belt divisions should register and weigh-in at the weight division in which they wish to qualify for that event. Also, note that the green and blue belt divisions will be combined for sparring only (but not Poomsae), even though they are listed as separate divisions in Hangastar. The color belt poomsae divisions are white & yellow, green, blue, and red.

| | Men | Women |
|----------------|-------------|-------------|
| Fin/Fly | Below 58 kg | Below 49 kg |
| Bantam/Feather | 58.1-68 kg | 49.1-57 kg |
| Light/Welter | 68.1-80 kg | 57.1-67 kg |
| Middle/Heavy | Over 80 kg | Over 67 kg |

Sparring Divisions by belt rank

- Black Belts
- Red Belts
- Green/Blue Belts
- White/Yellow Belts

Weight changes: \$50 change fee (cash at registration). Anyone who wishes to change their weight after the close of registration on March 27, 2017 will need to pay a \$50 change fee. This must be paid at registration before the athlete steps on the official scale in weigh-ins.



Poomsae (Forms)

All black belt poomsae competitors may choose between the black V-neck and the WTF poomsae (Y neck) uniforms.

Collegiate Color Belt Poomsae

Color belt competitors must choose one poomsae to perform a single time. The poomsae must be approved for the rank of the contestant. There are no weight divisions. Color belts will perform their poomsae one at a time. The approved poomsae for each of the belt levels are:

| <u>Belt</u> | <u>Approved Forms</u> |
|--------------|-----------------------|
| White/Yellow | Taegeuk 1 or 2 |
| Green | Taegeuk 3 or 4 |
| Blue | Taegeuk 5 or 6 |
| Red | Taegeuk 7 or 8 |

Collegiate Black Belt Championship & Team Trials Poomsae

Collegiate black belt poomsae divisions Championship divisions will use a modified version of the WTF poomsae competition format. Any division with 20 or more competitors will begin in the preliminary round. Any division with 9-19 competitors will begin in the semifinal round. Any division with 8 or fewer competitors will begin in the final round. The final round will use the cutoff format.

Championship black belt poomsae divisions are used to determine NCTA school standings and do NOT qualify the winner for the US National Collegiate Poomsae Team.

| Division | 1 st Compulsory Poomsae (preliminaries) | 2 nd Compulsory Poomsae (semi-finals) | 3 rd Compulsory Poomsae (finals) |
|--------------------|--|--|---|
| Men's Individual | Taegeuk 7 Jang | Keumgang | Taebaek / Pyongwon |
| Women's Individual | Taegeuk 5 Jang | Koryo | Keumgang/ Taebaek |



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| | | | |
|---------------------------------|----------------|----------------|--------------------|
| Mixed Pair (one man, one woman) | Koryo | Keumgang | Pyongwon / Shipjin |
| Men's Team (3 athletes) | Taegeuk 8 Jang | Koryo | Taebaek / Pyongwon |
| Women's Team (3 athletes) | Taegeuk 6 Jang | Taegeuk 8 Jang | Keumgang/ Taebaek |

Medalists in the championships divisions will earn points towards overall school standings, provided these schools are current NCTA institutional members in good standing as of the 2017 Collegiate Championships are as follows:

- Black Belt Male Individual Championship Poomsae
- Black Belt Female Individual Championship Poomsae
- Black Belt Mixed Pair Championship Poomsae (1 man, 1 woman)
- Black Belt Men's Team Championship Poomsae (3 men)
- Black Belt Women's Team Championship Poomsae (3 women)

Important Note: For the Championship Pair, Championship Men's Team and Championship Women's Team divisions, all competitors competing on a single pair or team MUST REPRESENT THE SAME COLLEGE.

Please note that the winners of the collegiate black belt championship poomsae divisions DO NOT qualify for the Summer World University Games. In order to qualify, competitors must compete the poomsae team trials divisions.

Collegiate Black Belt Poomsae Team Trials

Preliminary Round (cutoff, top 50% progress to Semifinal Round):

Randomly selected poomsae, Taegeuk 6 to Sipjin

Semifinal Round (cutoff, top 8 progress to Final Round):

Randomly selected poomsae, Taegeuk 6 to Sipjin

Final Round (Cutoff, top 8):

One Randomly selected poomsae, Taegeuk 6 to Sipjin, and
One freestyle poomsae



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For pairs, male teams and female teams wishing to try out for the US National Poomsae Team, there are three Poomsae Team Trial only divisions:

Black Belt Mixed Pair Team Trials Poomsae (1 man, 1 woman)

Black Belt Men's Team Trials Team Poomsae (3 men)

Black Belt Women's Team Trials Team Poomsae (3 women)

Important Note: For the Team Trials Pair, Team Trials Women's Team and Team Trials Men's Team divisions, the competitors competing on a single pair or team MAY REPRESENT DIFFERENT SCHOOLS. However, these three divisions will not earn championships points for any of the schools represented.

High School Black Belt Poomsae

High School black belt poomsae will be contested according to the modified WTF Junior division rules, regardless of age of the competitor. High school black belt poomsae is a USA Taekwondo National Championships qualifying event. There will also be no Free Style poomsae.

Men's & Women's Individual Categories:

Preliminary: Taegeuk 7

Semifinal: Keumgang

Final: Taegeuk 8, Koryo

Competitors in the following High School Divisions do not have to represent the same school.

Black Belt Mixed Pair High School Poomsae (1 man, 1 woman)

Black Belt Men's High School Team Poomsae (3 men)

Black Belt Women's High School Team Poomsae (3 women)

Preliminary: Taegeuk 7

Semifinal: Keumgang

Final: Taegeuk 8, Koryo



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NCTA Institutional membership

In order to be considered for the NCTA team standings, as well as to have a vote at the general assembly, please register your university or college Taekwondo club by completing the form at the NCTA website. (<http://ncta-usa.com/>) The form will be available soon.

Collegiate Standings

All schools who are registered members of the National Collegiate Taekwondo Association in 2017, and who are in good standing, may earn points towards the collegiate standings. There are three divisions by which teams can earn points towards the first, second and third place trophies (see below).

Each gold medal in a championship qualifying division is worth 3 points. Each silver medal in a championship qualifying division is worth 2 points, and each bronze medal is worth 1 point.

There are three types of standings:

Championship Division - black belts only

Combined Division – black belts and color belts

Novice Division – color belts only