

U.S. National Collegiate Taekwondo Association



2020 NCTA Championships

45th National Collegiate Taekwondo Championships

7th National High School Championships

University of California, Berkeley

April 3-5, 2020

Field House, Recreational Sports Facility, UC Berkeley

2301 Bancroft Way

Berkeley, CA 94720

Information Packet

PLEASE READ THIS DOCUMENT CAREFULLY. REGISTRATION PROCESSES AND COMPETITION PROCEDURES HAVE CHANGED

INTRODUCTION

The National Collegiate Taekwondo Association (NCTA) is pleased to host the *45th National Collegiate Taekwondo Championships* and *7th National High School Championships* April 3-5, 2020, at the University of California, Berkeley. The Collegiate Championships will include poomsae and sparring competitions for color belts and black belts; the High School Championships will include poomsae and sparring competitions for black belts only.

The NCTA Championships are USA Taekwondo-sanctioned events and serve as qualifiers for the 2020 USA Taekwondo National Championships for all but the Collegiate Team Trial events. Please see below for a table summarizing the events that will be held during the weekend, along with their corresponding 2020 USA Taekwondo National Championships qualifying information and USAT ranking points. New this year, the high school divisions will be split into two age groups: 15-17 and 18-19. The 15-17 divisions are a USAT 4.0 event. The 18-19 divisions do not carry a USAT ranking.

	Age	US Citizenship Required?	Qualifier for USAT Nationals?	USAT Ranking Level	Student Eligibility
Collegiate Championship (All Belts)	18+	No	Yes	10.0	6 Credits or more
Collegiate Team Trials (Black Belts)	18-25	Yes	No	None	6 Credits or more
15-17 yrs. High School (Black Belts)	15-17	No	Yes	4.0	HS enrollment
18-19 yrs. High School (Black Belt)	18-19	No	Yes	None	HS enrollment

The 2020 National Collegiate Sparring and Poomsae Team Trials are included in this event, which will determine the USA team for the 2020 FISU America Games. The likely travel dates for the 2020 FISU America Games will be May 31 through June 5, 2020 in Merida, Mexico, with taekwondo competing June 2-4. The team trial events do not carry a USAT ranking and do not qualify for the 2020 USA Taekwondo National Championships.

Also, while the FISU America Games are an opportunity to represent USA Team at a multi-sport games (3,000 athletes from 17 countries are expected), the Games do not carry a G-rating. Athletes who qualify for the team

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will be responsible for airfare and a contribution of \$250 to NCTA. The NCTA will cover accommodation, meals, accreditation, apparel and uniforms for the team.

For general questions and concerns, please email: 2020NCTA@gmail.com. For questions or concerns regarding eligibility, please email: NCTAeligibility@gmail.com.

SPONSORED BY

U.S. National Collegiate Taekwondo Association
(<http://ncta-usa.com/>)



Hosted and organized by
NCTA and The University of California, Berkeley

Dan Chuang, *NCTA President*
Tara Sarathi, *Tournament Committee Chair*
Russell Ahn, *Tournament Host*

VENUE

The University of California, Berkeley
(<https://www.berkeley.edu/>)



Field House,
Recreational Sports Facility, UC Berkeley
2301 Bancroft Way
Berkeley, CA 94720

SANCTIONED BY

USA Taekwondo (<https://www.teamusa.org/USA-Taekwondo>)

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SCHEDULE OF EVENTS

Below is a schedule of events for the weekend. Times for each event will be updated at a later date and are subject to change. The latest schedule can be viewed at:

<http://ncta-usa.com/2020-ncta-national-collegiate-taekwondo-championships-and-2020-ncta-high-school-championships/>

THURSDAY, April 2, 2020

6-8 pm: Credential pickup for FISU America Games Sparring Team Trials ONLY

6-8 pm: Weigh-ins for FISU America Games Black Belt Sparring Team Trials ONLY

FRIDAY, April 3, 2020

3-8 pm: Credential Pick-Up for All Competitors

4-8 pm: **Weigh-Ins for Collegiate White through Red Belt Sparring Competitors**

4-9 pm: FISU America Games Black Belt Sparring Team Trials

6-8 pm: NCTA General Body Meeting

SATURDAY, April 4, 2020

9 am: Opening Ceremonies and Competition Starts for the following:

All Collegiate Color Belt Poomsae (White through Red Belt)

FISU America Games Black Belt Team Trials Poomsae (Female and Male Individuals, Mixed Pairs, Female and Male Teams)

Collegiate Black Belt Championship Poomsae (Female and Male Individuals, Mixed Pairs, Female and Male Teams)

High School Black Belt Poomsae (Female and Male Individuals, Mixed Pairs, Female and Male Teams)

Collegiate White through Blue Belt Sparring

Collegiate Red Belt Sparring

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2-7 pm: Credential Pick-Up

4-7 pm: Weigh-Ins for Collegiate Black Belt and High School Sparring Competitors

SUNDAY, April 5, 2020

9 am: Competition Starts for the following:

Collegiate Black Belt Championship Sparring

High School Black Belt Sparring

After Competition Ends: Closing Ceremonies and Awards

COLLEGIATE COMPETITOR ELIGIBILITY

The verification of current enrollment status or degree will be processed through the National Student Clearinghouse. Please see below and the end of this packet for instructions.

Age

- Collegiate Championship Division black belt competitors must be born on or before 31 DEC 2002.
- Collegiate Championship Division color belt competitors must be born on or before 31 DEC 2002.
- Team Trials Black Belt Division competitors must be born on or before 31 DEC 2002 and on or after 1 JAN 1995.

Rank

- All Collegiate black belt competitors must provide proof of black belt certification. A photocopy of your certification must be uploaded to your Hangastar profile.

Note: If a black belt competitor does not have a black belt certification uploaded to Hangastar and does not provide a copy of certification at the time of registration, he/she may submit a black belt verification form, available at registration. The athlete's coach/instructor will be required to provide the USA Taekwondo National Office with a copy of the athlete's black belt certification by the final registration deadline of the 2020 USAT National Championships.

Note: Athletes with black belt certification or who have competed at USAT events as a black belt may not register for the color belt divisions. Any such athlete found to be competing in the color belt division faces possible sanction by both NCTA and USA Taekwondo.

Student Status

- All collegiate competitors (championship and team trials) must:
 1. Either be registered for at least six (6) units of classes during the Spring 2020 term at an accredited 2-year, 4-year, or graduate college or university or have graduated from an accredited 2-year, 4-year, or graduate college or university in 2019 or 2020; and
 2. Verify current enrollment status (for spring semester or spring quarter) or degree online through the National Student Clearinghouse. Complete instructions on how to undergo this process can be found at the end of this packet. If verification cannot be completed through the National Student Clearinghouse, Form A (at the end of this packet) can be filled out and mailed to the following address and postmarked by March 13th.

2020 NCTA Collegiate Nationals Eligibility
17 Congress Ave.
Sioux City, IA 51104

Note: Athletes may not compete without proof of student status.

- PLEASE **DO NOT** use signature verification or return service when mailing in forms as this will significantly delay your paperwork. Your envelope could possibly be returned.

U.S. Citizenship

Only Collegiate Black Belt Team Trial Competitors must show proof of US Citizenship: color copies of one of the following acceptable forms of proof must be submitted with all eligibility forms and should be uploaded to your Hangastar profile:

- an unexpired U.S. passport;
- a birth certificate; or
- U.S. naturalization papers.

Please direct any questions or concerns regarding eligibility to NCTAeligibility@gmail.com.

HIGH SCHOOL COMPETITOR ELIGIBILITY

All eligibility forms are available from the NCTA website under “Championships”: <http://ncta-usa.com>

Age

- Competitors must be born between 01 JAN 2001 and 31 DEC 2005.

Rank

- All High School black belt competitors must provide proof of black belt certification. A photocopy of your certification should be uploaded to your Hangastar profile.
- In addition, please be sure to bring proof of your certification to the tournament.

Note: If a black belt competitor does not have a black belt certification uploaded to Hangastar and does not provide a copy of certification at the time of registration, he/she may submit a black belt verification form, available at registration. The athlete’s coach/instructor will be required to provide the USA Taekwondo National Office with a copy of the athlete’s black belt certification by the final registration deadline of the 2020 USAT National Championships.

Student Status

- All High School competitors must submit FORM B: CERTIFICATION OF HIGH SCHOOL ENROLLMENT STATUS. The certification must be PRODUCED AND DATED AFTER 9 FEBRUARY 2020.
- Please note: All student status documents must be original copies certified by a high school registrar. Photocopies of student status certifications WILL NOT be accepted; similarly, student identification cards ARE NOT sufficient.

Note: Athletes may not compete without proof of student status.

Submission Requirements

- All paper eligibility forms must be mailed to the address below, postmarked by March 13

2020 NCTA Collegiate Nationals

17 Congress Ave.

Sioux City, IA 51104-4053

- PLEASE DO NOT use signature verification or return service when mailing in forms as this will significantly delay your paperwork. Your envelope could possibly be returned.

Please direct any questions or concerns regarding eligibility to NCTAeligibility@gmail.com.

REGISTRATION AND FEES

The NCTA Championships are sanctioned by USA Taekwondo. All athletes (both high school and collegiate), coaches, and referees must register online at the USA Taekwondo Hangastar site (<http://www.usat.hangastar.com>).

Once logged into the Hangastar site, click on the “Events” tab and advance through the “Current” sub-tab until you see the event titled “National Collegiate and High School Taekwondo Championships”. Click on “Register Now”. Registration requires USA Taekwondo Membership, which may be purchased at the Hangastar site for \$50.

There will be no at-the-door registration for either athletes or coaches.

All eligibility forms are available from the NCTA website under “Championships”: <http://ncta-usa.com>

High School and Collegiate Competitors

- Early registration fee (pay by March 19): \$100 for one event, \$20 more for each additional event.
- Late registration fee (by March 24): \$120 for one event, \$20 more for each additional event.
- All payment should be made on Hangastar via the online registration system. If you select the “pay later” option, you are still responsible for returning to your account to finish payment by the late registration deadline. If you fail to pay online by the late registration deadline, an **additional \$30 fee** to NCTA will be assessed to pay on site.

Note: Competitors who are not US Citizens, and are international students at a U.S. college, university or High School should **NOT** join USA Taekwondo as an international member as this event is not an international competition. Please join USAT as a "USA athlete" at <https://www.usat.hangastar.com>

Note: White belt competitors should register as yellow belts.

Note: Athletes may not compete in both Collegiate and High School Divisions. If you are eligible to compete in both, please select only one.

Coaches

- Early registration fee (pay by March 19): \$65
- Late registration fee (by March 24): \$85

Note: Each coach is required to be a member of USA Taekwondo, to take and clear the USA Taekwondo background check every two years, to view the USOC Safe Sport video, and to have an Associate Coach (AC) certification, at a minimum. Coaches may obtain the AC certification by passing the Associate Coach Quiz within the Hang-a-star system at least 3 business days prior to the registration deadline. For further information, please visit <http://www.teamusa.org/usa-taekwondo/v2-coaching/coach-education-program>.

Note: Coaches must complete the SafeSport course (please visit: [USAT Taekwondo](#)) **and complete a background check** before registering to coach at any USAT sanctioned event. Further information about this requirement can be found at [the USAT Taekwondo website](#)

Weight Changes

- For both Color belt and Black belt competitors, on-site weight class changes will be allowed but a fee of \$50 will be assessed. The athlete must declare the weight change before any official weigh-in attempt. Changes within combined divisions for the color belt and team trials divisions will be allowed.

SPECTATOR INFORMATION

The 2020 National Collegiate Taekwondo Championships welcomes spectators (anyone who is not a designated VIP, Referee, Competitor, Coach, or Volunteer) to attend our two day event and to support all of our athletes. Spectator admission fees are detailed below.

Please note that admission fees will only be accepted in cash. We would appreciate that you bring exact change for admission. Upon payment, spectators will receive an admission bracelet that will be only valid for one (1) day. Spectators with admission bracelets are free to re-enter the venue on the same day. However, spectators may not enter the competition floor at any time.

Spectator Fees

Spectator passes will be sold onsite for \$15/day.

College Students with school ID \$10/day

Children 12 and under get in free.

ATHLETE REGISTRATION CHECKLIST

Both High School and Collegiate Competitors

- Register and pay for the event on <http://www.usat.hangastar.com> by March 19 (early registration) or March 24 (late registration).
- **Black Belts only:** Upload proof of black belt certification to Hangastar. Note: If a black belt competitor does not have a black belt certification uploaded to Hangastar and does not provide a copy of certification at the time of registration, he/she may submit a black belt verification form, available at registration. The athlete's coach/instructor will be required to provide the USA Taekwondo National Office with a copy of the athlete's black belt certification by the final registration deadline of the 2020 USAT National Championships.

All Collegiate Competitors (Championship and Team Trials)

- Verify either current enrollment or undergo a degree verification through the National Student Clearinghouse at <https://secure.studentclearinghouse.org/vs/Index> by March 13. If for some reason student verification cannot be completed through the Clearinghouse, a paper student verification form (Form A at the end of this packet) can be filled out and submitted to the address listed on page 4 of this packet by March 13..

Collegiate Black Belt Team Trials Competitors Only

- Upload proof of U.S. Citizenship to Hangastar. Color images of the below are acceptable:
 - an unexpired U.S. passport;
 - a birth certificate; or
 - U.S. naturalization papers.

High School Competitors Only

- Complete FORM B: CERTIFICATION OF HIGH SCHOOL ENROLLMENT STATUS (included at the end of this packet)
- Upload proof of U.S. Citizenship to Hangastar. Color images of one the items below are acceptable:
 - an unexpired U.S. passport;
 - a birth certificate; or
 - U.S. naturalization papers.
- High School competitors must mail all eligibility papers in ONE ENVELOPE with ADEQUATE POSTAGE to the address below, postmarked by March 13.

2020 NCTA Collegiate Nationals

17 Congress Ave.

Sioux City, IA 51104-4053

All eligibility forms are available from the NCTA website under "Championships": <http://ncta-usa.com>

COACH REGISTRATION CHECKLIST

- Register and pay for the event on <http://www.usat.hangastar.com> by March 19 (early registration) or March 24 (late registration).

Note: All coaches must be registered through Hangastar as an Associate coach or higher and view the USOC Safe Sport video.

Note: Coaches must complete the SafeSport course (please visit the [USAT Website](#)) and a background check before registering to coach at any USAT sanctioned event. Further information about this requirement can be found [here](#) .

- Coaches are encouraged to attend the NCTA General Assembly and Technical Meeting on Friday, April 3rd.
- Coaches are also encouraged to attend ad hoc meetings with the referees held at the venue immediately prior to the start of competition days on April 3-5 in the holding area.

COMPETITION RULES ~ POOMSAE

The 2020 National Collegiate Taekwondo Championships will follow the current USA Taekwondo rules, with some exceptions. All uniforms and gear must follow standard USA Taekwondo rules.

All rules, divisions, and requirements are subject to change at the discretion of the supervisory committee.

COMPETITOR REQUIREMENTS

Uniform Requirements. Competitors are required to have:

- A standard white, V-neck taekwondo uniform in good condition.
 - Color belt uniforms (even for red belts) must have a white collar
 - Black belt poomsae competitors may choose between the black V-neck and the WT poomsae (black Y-neck) uniforms
 - Pair and team competitors are recommended to match uniform styles

Taping. All taping for any athlete (poomsae or sparring) must be signed off on the taping itself by medical staff.

COACH REQUIREMENTS

A dress code for coaches will be in effect. A list of prohibited articles includes, but is not limited to, hats/visors, slippers/flip flops, jeans, shorts, leggings, and sweatpants. Cell phones and communication devices are also prohibited while in the coach's chair.

POOMSAE DIVISIONS

COLLEGIATE COLOR BELT POOMSAE

Color belt competitors must choose one approved poomsae to perform a single time. Color belts will perform their poomsae one at a time. There are no weight divisions. The approved poomsae by belt level are:

Belt	Approved Poomsae
White/Yellow	Taegeuk 1 or 2
Green	Taegeuk 3 or 4
Blue	Taegeuk 5 or 6
Red	Taegeuk 7 or 8

COLLEGIATE BLACK BELT CHAMPIONSHIP POOMSAE

Black Belt Championship poomsae divisions will use a modified version of the WT poomsae competition format. Any division with 20 or more competitors will begin in the Preliminary Round. Any division with 9-19 competitors will begin in the Semifinal Round. Any division with 8 or fewer competitors will begin in the Final Round. The Final Round will use the cutoff format.

Division	Preliminary Round	Semifinals	Finals
Men's Individual	Taegeuk 8	Koryo	Taebaek and Pyongwon
Women's Individual	Taegeuk 6	Taegeuk 8	Keumgang and Taebaek
Mixed Pair	Taegeuk 8	Taebaek	Pyongwon and Sipjin
Men's Team	Taegeuk 8	Keumgang	Taebaek and Pyongwon
Women's Team	Taegeuk 6	Koryo	Keumgang and Taebaek

Note: For the Championship Pair (1 male, 1 female), Championship Men's Team (3 males), and Championship Women's Team (3 females) divisions, all competitors competing on a single pair or team **MUST REPRESENT THE SAME COLLEGE**.

COLLEGIATE TEAM TRIALS POOMSAE

Black Belt Championship poomsae divisions will use a modified version of the FISU poomsae competition format. Any division with 20 or more competitors will begin in the Preliminary Round. Any division with 9-19 competitors will begin in the Semifinal Round. Any division with 8 or fewer competitors will begin in the Final Round. The Final Round will use the cutoff format.

Division	Preliminary Round	Semifinals	Finals
Men's Individual	Taegeuk 8	Koryo	Pyongwon and Freestyle
Women's Individual	Taegeuk 6	Taegeuk 8	Taebaek and Freestyle
Mixed Pair	Taegeuk 8	Taebaek	Sipjin and Freestyle
Men's Team	Taegeuk 8	Keumgang	Pyongwon and Freestyle
Women's Team	Taegeuk 6	Koryo	Taebaek and Freestyle

Note: For the TEAM TRIALS Pair (1 male, 1 female), Championship Men's Team (3 males), and TEAM TRIALS Women's Team (3 females) divisions, all competitors competing on a single pair or team CAN REPRESENT DIFFERENT COLLEGES, unlike the championship division..

HIGH SCHOOL BLACK BELT POOMSAE

High School Black Belt poomsae will be contested according to the modified WT Junior Division rules, regardless of the age of the competitor. High School Black Belt poomsae is a USA Taekwondo National Championships qualifying event. There will be no Freestyle poomsae. Poomsae will be the same for the 15-17 and 18-19 year old divisions.

Division	Preliminary Round	Semifinals	Finals
Men's Individual	Taegeuk 7	Taegeuk 6	Taegeuk 8 and Koryo
Women's Individual	Taegeuk 7	Taegeuk 6	Taegeuk 8 and Koryo
Mixed Pair	Taegeuk 6	Taegeuk 7	Koryo and Taebaek
Men's Team	Taegeuk 6	Taegeuk 7	Koryo and Taebaek
Women's Team	Taegeuk 6	Taegeuk 7	Koryo and Taebaek

Note: For the HIGH SCHOOL Pair (1 male, 1 female), Championship Men's Team (3 males), and TEAM TRIALS Women's Team (3 females) divisions, all competitors competing on a single pair or team CAN REPRESENT DIFFERENT SCHOOLS.

COMPETITION RULES ~ SPARRING

The 2020 National Collegiate Taekwondo Championships will follow the current USA Taekwondo rules, with some exceptions. All uniforms and gear must follow standard USA Taekwondo rules.

All rules, divisions, and requirements are subject to change at the discretion of the supervisory committee.

COMPETITION FORMAT

Collegiate Championships Division Black Belt Competitors

- Three (3) rounds of 2 minutes, 1 minute rest between rounds
- Single elimination
- Full Contact Rules for all divisions

Collegiate Team Trials Division Black Belt Competitors

- Three (3) rounds of 2 minutes, 1 minute rest between rounds
- Single elimination
- Combined weight classes (fin/fly, bantam/feather, light/welter, middle/heavy)
- Full Contact Rules for all divisions

Collegiate Color Belt Competitors

- Three (3) rounds of 1 minute, 30 seconds rest between rounds
- Single elimination
- Head contact
 - White/Yellow Belt division: No head contact
 - Green and Blue Belt divisions: Junior Safety Rules (controlled head contact)
 - Red Belt and above divisions: Full Contact Rules

High School Competitors (Black Belt Only)

- Three (3) rounds of 1 minute, 30 seconds rest between rounds
- Single elimination
- Full Contact Rules for all divisions

COMPETITOR REQUIREMENTS

Uniform Requirements. Competitors are required to have:

- A standard white, V-neck taekwondo uniform in good condition
 - Black belt uniforms must have a black collar
 - Color belt uniforms (even red belts) must have a white collar

Equipment Requirements. Competitors are required to have:

- Only for White/Yellow, Green, & Blue belt sparring competitors: Properly-fitting WT foam head gear, with no damage or cracks. Head gear may be white, red, or blue. If not white, they must correspond to the color

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- of the chest protector.
- USAT-approved open-finger gloves are mandatory. Gloves may be white, red, or blue. If not white, they must correspond to the color of the chest protector.
- Foam or vinyl shin protectors and forearm guards. Forearm guards with hand protectors attached are not allowed.
- Groin protection (required for both male and female sparring competitors) worn under uniform
- A mouth guard. Mouth guards must be clear or white, although exceptions are allowed if the competitor has a doctor's note, which must be presented during inspection.

Electronic Gear. Generation 2 Daedo/Truescore electronic chest protectors will be used for all sparring divisions.

- All sparring athletes must provide their own Daedo e-Foot Gear
- e-Headgear will only be used for Full Contact divisions (i.e., Black Belt and Red Belt divisions)

Taping. All taping must be signed off on the taping itself by medical staff.

COACH REQUIREMENTS

A dress code for coaches will be in effect. A list of prohibited articles includes, but is not limited to, hats/visors, slippers/flip flops, jeans, shorts, leggings, and sweatpants. Cell phones and communication devices are also prohibited while in the coach's chair.

SPARRING DIVISIONS

All sparring divisions will serve as a qualifier for the 2020 USA Taekwondo National Championships. There will be no color belt High School divisions. The weight divisions are as follows:

COLLEGIATE BLACK BELTS (CHAMPIONSHIP DIVISION) AND 18-19 HIGH SCHOOL DIVISION

	Male	Female
Fin	Below 54 kg	Below 46 kg
Fly	54.1-58 kg	46.1-49 kg
Bantam	58.1-63 kg	49.1-53 kg
Feather	63.1-68 kg	53.1-57 kg
Light	68.1-74 kg	57.1-62 kg
Welter	74.1-80 kg	62.1-67 kg
Middle	80.1-87 kg	67.1-73 kg
Heavy	Over 87 kg	Over 73 kg

15-17 HIGH SCHOOL BLACK BELTS (JUNIOR WEIGHT DIVISIONS)

	Male	Female
Fin	Below 45 kg	Below 42 kg
Fly	45.1-48 kg	42.1-44 kg
Bantam	48.1-51 kg	44.1-46 kg
Feather	51.1-55 kg	46.1-49 kg
Light	55.1-59 kg	49.1-52 kg
Welter	59.1-63 kg	52.1-55 kg
Light Middle	63.1-68 kg	55.1-59 kg
Middle	68.1-73 kg	59.1-63 kg
Light Heavy	73.1-78 kg	63.1-68 kg
Heavy	Over 78 kg	Over 68 kg

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Divisions may be combined at the tournament supervisory committee's discretion. However, athletes seeking to qualify for the 2020 USA Taekwondo National Championships must weigh-in at the appropriate division for that tournament. Athletes turning 18 or older in 2020 must specify in Hangastar the corresponding division that they intend to compete in at the 2020 USA Taekwondo National Championships.

COLLEGIATE COLOR BELTS & BLACK BELT TEAM TRIALS DIVISIONS

	Male	Female
Fin/Fly	Below 58 kg	Below 49 kg
Bantam/Feather	58.1-68 kg	49.1-57 kg
Light/Welter	68.1-80 kg	57.1-67 kg
Middle/Heavy	Over 80 kg	Over 67 kg

Although eight (8) weight divisions are listed for some of these divisions in the online Hangastar registration site, color belt and Team Trials sparring will be combined into four (4) weight divisions: fin/fly, bantam/feather, light/welter, and middle/heavy. Color belt competitors who would like to compete at the 2020 USA Taekwondo National Championships in the color belt divisions should register and weigh-in at the weight division in which they wish to qualify for that event. Black Belt Team Trials do not qualify for the USAT National Championships.

COLLEGIATE SPARRING DIVISIONS by BELT RANK

Black Belts

Red Belts

Blue Belts

Green Belts

White and Yellow Belts (register online as Yellow for this division)

WEIGHT CHANGES

For both Color belt and Black belt competitors, on-site weight class changes will be allowed but a fee of \$50 will be assessed. The athlete must declare the weight change before any official weigh-in attempt.

NCTA INSTITUTIONAL MEMBERSHIP

To be considered for the NCTA team standings, as well as to have a vote at the general assembly, please register your university or college taekwondo club by completing the form at the NCTA website (<http://ncta-usa.com/>).

Please note: institutional membership must be paid prior to the NCTA meeting on Friday, April 3.

COLLEGIATE STANDINGS

All schools that are registered members of the NCTA in 2020 and are in good standing may earn points toward collegiate standings. Each gold medal in a qualifying division is worth 3 points. Each silver medal in a qualifying division is worth 2 points and each bronze medal in a qualifying division is worth 1 point.

Eligible teams may earn points toward the first, second, and third place trophies in three categories:

1. Novice – points accrued by color belts only
2. Championship – points accrued by black belts only
3. Combined – points accrued by black belts and color belts

Qualifying divisions that earn points for the novice and combined categories are as follows:

- Color Belt Poomsae (all divisions)
- Color Belt Sparring (all divisions)

Qualifying divisions that earn points for the black belt and combined categories are as follows:

- Black Belt Male Individual Championship Poomsae
- Black Belt Female Individual Championship Poomsae
- Black Belt Mixed Pair Championship Poomsae
- Black Belt Men's Team Championship Poomsae
- Black Belt Women's Team Championship Poomsae
- Black Belt Sparring (all divisions)

TRANSPORTATION, LODGING AND FOOD

Recommended Airports

Oakland International Airport (OAK) - 14 miles (recommended)

Oakland, CA

San Francisco International Airport (SFO) - 41 miles

806 S Airport Blvd.

San Francisco, CA 94128

San Jose International Airport (SJC) - 46 miles

San Jose, CA

Hotels

Host Hotel

La Quinta Inn by Wyndham Berkeley

910 University Avenue

Berkeley, CA 94710

Phone: 510-849-1121

Room Rate: \$140/night

Rooms can be reserved with the link below **before March 11**

https://www.wyndhamhotels.com/laquinta/berkeley-california/la-quinta-inn-berkeley/rooms-rates?brand_id=LQ&checkInDate=4/2/2020&checkOutDate=4/5/2020&useWRPoints=false&children=0&groupCode=CGNCTA

Additional Hotels

DoubleTree by Hilton Berkeley

200 Marina Boulevard

Phone: 510-548-7920

Room Rate: \$159/night

Rooms can be reserved using the link below **before March 12**

https://doubletree.hilton.com/en/dt/groups/personalized/J/JBKCADT-TKC-20200402/index.jhtml?WT.mc_id=POG

Parking

Kleeberger Field House is located at the west side of the Recreational Sports Facility (RSF). Street parking in Berkeley is free on Sundays and parking is available along Bancroft Way and in the public spots in the RSF garage.

We strongly recommend planning your commute to Berkeley in advance. A campus map is available at

www.berkeley.edu/map/. For detailed directions, modes of travel, and parking options, please visit

<https://visit.berkeley.edu/directions-parking/>

Food

Outside food and beverages are prohibited within the venue. We kindly request that you refrain from eating indoors. Water bottles are allowed.

VERIFICATION OF CURRENT ENROLLMENT OR DEGREE

Please refer to the following instructions on how to verify current enrollment or degree through the National Student Clearinghouse:

1. Go to <https://secure.studentclearinghouse.org/vs/Index>
2. If you are a current collegiate student OR if you have graduated from your institute within the past 6 months
 - a. Under 'What would you like to verify', click on 'Current Enrollment'
 - b. Under 'School' enter the full name of your college or university.
- c. Under 'Who would you like to verify', enter all of the requested information. A Reference ID number is not required. Click 'Submit'.

The screenshot shows the National Student Clearinghouse Verification Services page. At the top, there is a navigation bar with 'Help', 'Privacy', 'Contact', and 'Home' links. Below this is a header with the logo and 'Welcome, Guest | My Account | Log Out'. The main content area is titled 'Verification Services' and includes a sidebar with options like 'Request a Verification', 'Find Past Verifications', 'Create an Account', 'Log in to Your Account', 'Frequently Asked Questions', and 'Contact Us'. The main form is titled 'Request a Verification' and has several sections: 'WHAT would you like to verify?' with radio buttons for 'Degree or School Certificate', 'Current Enrollment', 'Dates of Attendance', and 'Professional Certificate'; 'WHO would you like to verify?' with fields for 'Student Name' (First, Middle, Last), 'Also known as', and 'Date of Birth' (Month, Day, Year); and a 'Your Reference ID' field. A green 'Submit >' button is at the bottom. Red boxes and arrows highlight specific areas: the 'Current Enrollment' option, the 'School' dropdown menu containing 'MASSACHUSETTS INSTITUTE OF TECHNOLOGY', the 'Student Name' fields, and the 'Submit >' button. Callout boxes provide instructions: 'For current students or competitors who graduated less than 6 months ago.' points to the 'Current Enrollment' option; 'Enter the name of your school.' points to the 'School' dropdown; 'Fill this out.' points to the 'Student Name' fields; and 'Click \'Submit\'' points to the 'Submit >' button.

- d. On the next page, enter your Personal Information and Billing Information.
 - i. Click 'This Verification is being requested on behalf of an organization'. Under 'Organization Name' type 'National Collegiate Taekwondo Association', and under 'Organization Type' click 'Other'.
 - ii. Under 'Purpose' Click 'Product/Service Discount or Eligibility'.
 - iii. Click 'Continue'.

NATIONAL STUDENT CLEARINGHOUSE

Welcome, Guest | My Account | Log Out

Verification Services

Home > Verification Services > Payment Information

Payment Information

Please enter your personal and billing information below. **All fields are required.** In addition, you must check the [Terms and Conditions](#) box below to submit your request.

Personal Information **Billing Address For Credit Card**

*Name: *Country: United States

*Country: United States *Address:

*Address: *City: *State: *ZIP Code:

*Phone:

*Email: *Confirm Email:

This verification is being requested on behalf of an organization.

Use my personal information as my billing information.

Credit Card Information

On the next page you will be prompted to enter credit card information to complete your verification request.

Order Details

1 Current Enrollment Verification(s)	\$2.50
Total Due	\$2.50
(plus applicable sales tax)	

*Purpose:

I authorize the National Student Clearinghouse to charge \$2.50, plus applicable sales tax, to my credit card. This charge will appear on my account as "Nat Stdn Clearinghouse".

I have read and agree to the [Terms and Conditions](#).

- e. Under 'Purpose' select 'Product/Service Discount or Eligibility'. Agree to the Terms and Conditions, and click 'Continue'.

Order Details

1 Current Enrollment Verification(s)	\$2.50
Total Due	\$2.50
(plus applicable sales tax)	

*Purpose:

- Employment
- Product/Service Discount or Eligibility**
- Verifying my own Record(s)
- Professional Certificate Request
- Stdn Clearinghouse".

I have read and agree to the [Terms and Conditions](#).

Select 'Product/Service Discount or Eligibility'.

- f. On the next screen, enter your credit card information and click 'Pay with your credit card'.

NATIONAL STUDENT CLEARINGHOUSE Verification Services Payment

Review Your Order

Total Amount: USD 2.50

[Return to Verification Services Payment](#)

Pay With Your Credit Card

We will authorize your credit card for the amount above, including taxes. If a verification request(s) isn't instantly confirmed, you will not be charged now. Your receipt will show the adjusted balance.

Cardholder Name

Credit Card Number



Expiration Date (MMYY)

Security Code

CVV2 is the Visa term for the 3-digit security code on the back of the credit card (Visa and MasterCard). For American Express, it is 4-digits and located on the front.



[Pay With Your Credit Card](#)

Your private information is secured using SSL (Secure Sockets Layer), the leading security protocol on the internet. Information is encrypted and exchanged with an https server.

We respect your privacy. We will pass your name, address or e-mail address on only to the merchant.

Secure Payment provided by [First Data Corp.](#)

- g. The next screen will take you to your verification results. PLEASE MAKE NOTE OF YOUR ORDER ID NUMBER. THIS NUMBER WILL BE REQUIRED FOR YOU TO REGISTER THROUGH HANGASTAR.
3. If you have graduated more than 7 months ago
- a. Under 'What would you like to verify', click on 'Degree or School Certificate'
 - b. Enter the required School, Degree Title, Degree Level, Major, and Year information.
 - c. Under 'Who would you like to verify', enter all of the requested information. A Reference ID number is not required. Click 'Submit'.

The screenshot shows the 'Verification Services' page. At the top, there is a navigation bar with 'Verification Services' and a breadcrumb trail 'HOME > Verification Services'. Below this is an 'Attention' box with a warning icon and text about potential delays. The main content area is titled 'Request a Verification' and includes a note about required fields. A red box highlights the 'WHAT would you like to verify?' section, where 'Degree or School Certificate (Undergraduate or graduate)' is selected. Another red box highlights the 'WHO would you like to verify?' section, which contains fields for 'Student Name' (First, Middle, Last), 'Also known as', 'State of Birth', and 'Year Reference ID'. A red arrow points to the 'Submit' button at the bottom right. Three callout boxes with red arrows point to these specific areas, providing instructions: 'Select 'Degree or School Certificate'', 'Fill in this section.', and 'Click 'Submit''. The right sidebar contains a 'Verification Services' menu with links like 'Request a Verification', 'Find Past Verifications', 'Create an Account', 'Log In to Your Account', 'Frequently Asked Questions', and 'Contact Us'. There are also logos for Visa, Mastercard, American Express, Discover, and Instaworld.

- d. On the next page, enter your Personal Information and Billing Information.
 - i. Click 'This Verification is being requested on behalf of an organization'. Under 'Organization Name' type 'National Collegiate Taekwondo Association', and under 'Organization Type' click 'Other'.
 - ii. Under 'Purpose' Click 'Product/Service Discount or Eligibility'.
 - iii. Click 'Continue.'

NATIONAL STUDENT CLEARINGHOUSE

Home > Verification Services > Payment Information

Payment Information

Please enter your personal and billing information below. All fields are required. In addition, you must check the [Terms and Conditions](#) box below to submit your request.

Personal Information

*Name: *Last:

*Country: United States

*Address:

*City: *State: *ZIP Code:

Phone:

*Email:

*Confirm Email:

This verification is being requested on behalf of an organization.

Use my personal information as my billing information.

Credit Card Information

On the next page you will be prompted to enter credit card information to complete your verification request.

For your security, selecting 'Continue' will direct you to another secure site to confirm your order and provide your credit card information.

Billing Address For Credit Card

*Country: United States

*Address:

*City: *State: *ZIP Code:

*Phone:

Order Details

1 Current Enrollment Verification(s) \$2.50

Total Due \$2.50 (plus applicable sales tax)

*Purpose:

I authorize the National Student Clearinghouse to charge \$2.50, plus applicable sales tax, to my credit card. This charge will appear on my account as "Nat'l Student Clearinghouse".

I have read and agree to the [Terms and Conditions](#).

Check this box. →

→ **Select 'Product Service or Eligibility'.**

e. On the next screen, enter your credit card information and click 'Pay with your credit card'.

NATIONAL STUDENT CLEARINGHOUSE Verification Services Payment

Review Your Order

Total Amount: USD 2.50

[Return to Verification Services Payment](#)

Pay With Your Credit Card

We will authorize your credit card for the amount above, including taxes. If a verification request(s) isn't instantly confirmed, you will not be charged now. Your receipt will show the adjusted balance.

Cardholder Name:

Credit Card Number:

Expiration Date (MMYY):

Security Code:

CVV2 is the Visa term for the 3-digit security code on the back of the credit card (Visa and MasterCard). For American Express, it is 4-digits and located on the front.

Your private information is secured using SSL (Secure Sockets Layer), the leading security protocol on the Internet. Information is encrypted and exchanged with an https server.

We respect your privacy. We will pass your name, address or e-mail address on only to the merchant.

Secure Payment provided by [First Data Corp.](#)

f. The next screen will take you to your verification results. PLEASE MAKE NOTE OF YOUR ORDER ID NUMBER. THIS NUMBER WILL BE REQUIRED FOR YOU TO REGISTER THROUGH HANGASTAR

2020 National Collegiate Championships

Note: If you are unable to verify your current enrollment status or degree through the National Student Clearinghouse, please email NCTAeligibility@gmail.com for further instructions on how to mail in an NCTA Certificate of Collegiate Status with a stamp or raised seal from your college or university



45th National Collegiate Taekwondo Championships
April 3-5, 2020



FORM A: CERTIFICATION OF COLLEGIATE STATUS

NOTE: THIS FORM IS ONLY FOR USE BY THOSE ATHLETES WHO CANNOT USE THE ONLINE NATIONAL STUDENT CLEARINGHOUSE. DIRECTIONS ON HOW TO USE THE ONLINE CLEARINGHOUSE ARE AT THE END OF THE TOURNAMENT PACKET.

THIS FORM MUST BE CERTIFIED WITH AN OFFICIAL SEAL AND SIGNATURE BY YOUR COLLEGE OR UNIVERSITY ON OR AFTER February 9, 2020.

COMPETITOR NAME: _____ DATE OF BIRTH: _____

PHONE NUMBER: _____ EMAIL: _____

COLLEGE / UNIVERSITY: _____

YEAR IN COLLEGE / UNIVERSITY: freshman / sophomore / junior / senior / graduated / graduate student

MAJOR: _____ Student ID #: _____

I, _____, authorize NCTA officials to confirm my status as an officially registered student with the college/university official listed below:

_____ (your signature) _____ (date)

The official school seal/stamp and signature (below) verifies that the above-named competitor is EITHER (please check one)

- currently registered as a half-time or greater student for SPRING semester or WINTER OR SPRING quarter, 2020 at the above-named college or university (half-time status is usually defined as 6 or more university equivalent credits),

OR

- graduated from the above-named college or university in 2019 or 2020.

Signature and Title of college/university official _____

Phone number of college/university official _____

Date (must be on or after February 9, 2020) _____

School Seal/Stamp:

Postmark by March 16, 2020.

DO NOT USE SIGNATURE REQUIRED!

Mail to: NCTA 2020
17 Congress Ave
Sioux City, IA 51104-4053

Please direct any questions to: NCTAeligibility@gmail.com



7th National High School Taekwondo Championships
April 3-5, 2020



FORM B: CERTIFICATION OF HIGH SCHOOL ENROLLMENT STATUS

THIS FORM MUST BE CERTIFIED WITH AN OFFICIAL SEAL AND SIGNATURE BY AN ADMINISTRATOR AT YOUR HIGH SCHOOL **ON OR AFTER February 9, 2020.**

COMPETITOR NAME: _____ Date of birth: _____

PHONE NUMBER: _____ EMAIL: _____

HIGH SCHOOL NAME AND LOCATION: _____

YEAR IN SCHOOL: freshman / sophomore / junior / senior / graduated STUDENT ID # _____

I, _____, authorize NCTA officials to confirm my status as an officially registered student with the school official listed below.

_____ (your signature) _____ (date)

If you are under 18 years of age, the following signature is also needed.

_____ (parent or guardian signature) _____ (date)

The official school seal/stamp and signature (below) verifies that the above-named competitor is (please check one):

- currently registered as a full-time student for SPRING Term 2020 at the above high school

OR

- home-schooled

OR

- graduated from the above-named high school during the current academic year

Signature and Title of high school administration official _____

Phone number of high school administration official _____

Date (must be on or after February 9, 2020) _____

School Seal/Stamp:

Postmark by March 16, 2020.

DO NOT USE SIGNATURE REQUIRED!

Mail to:

NCTA 2020
17 Congress Ave
Sioux City, IA 51104-4053

Please direct any questions to: NCTAeligibility@gmail.com