

U.S. National Collegiate Taekwondo Association



2022 NCTA Championships
45th National Collegiate Taekwondo Championships
April 1-3, 2022

Kwon's Martial Arts Center
72 Jefferson St.
Marlborough, MA 01752

Information Packet

USATKD 10.0 Ranking Event

**PLEASE READ THIS DOCUMENT CAREFULLY. REGISTRATION
PROCESSES AND COMPETITION PROCEDURES HAVE CHANGED**

INTRODUCTION

The National Collegiate Taekwondo Association (NCTA) is pleased to host the 45th National Collegiate Taekwondo Championships on April 1-3, 2022, at Kwon's Martial Arts Center in Marlborough, MA. The Collegiate Championships will include poomsae and sparring competitions for color belts and black belts.

The 2022 National Collegiate Sparring and Poomsae Team Trials are included in this event, which will determine the USA team for the 2022 FISU America Games. The FISU America games will be held from Oct. 26th-Nov 6th. The team trial events do not carry USATKD ranking points.

Also, while the FISU America Games (Pan American region) are an opportunity to represent the USA Team at a multi-sport games, the Games do not carry a G-rating. The cost for the FISU America Games trip for each athlete is approximately \$1,950 plus airfare (inclusive of athlete village housing & food, credentials, USA competition uniform and USA Team apparel). The NCTA may be able to provide partial funding for athletes; however no funding should be assumed and athletes should be prepared to pay for the full cost of the event.

Due to the changing COVID-19 situation, the situation surrounding the 2022 FISU America Games is still in flux. Athletes should be adaptable and be prepared for the possibility that the Games may be canceled. In this case, the NCTA will endeavor to find the best opportunity possible for the Games-qualified athletes if this is the case.

For general questions and concerns, please email: ncta.contact@gmail.com. For questions or concerns regarding eligibility, please email: NCTAeligibility@gmail.com.

SPONSORED BY

U.S. National Collegiate Taekwondo Association
(<http://ncta-usa.com/>)



Dan Chuang, *NCTA President*
Tara Sarathi, *Tournament Committee Chair*
Viet Nguyen, *Tournament Host*

VENUE

Kwon's Martial Arts Center
(<https://kwonsmartialarts.com/>)



72 Jefferson St
Marlborough, MA 01752

SANCTIONED BY



USA Taekwondo (<https://www.teamusa.org/USA-Taekwondo>)
USATKD 10.0 Ranking Event

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SCHEDULE OF EVENTS

Below is a schedule of events for the weekend. Times for each event will be updated at a later date and are subject to change. Each time is listed in the time zone local to the event site. The latest schedule can be viewed at:

<http://ncta-usa.com/2022-ncta-national-collegiate-taekwondo-championships/>

FRIDAY, Apr. 1, 2022

Time	Event	Location
9:00 am - 8:00 pm	Registration and Credential Pick-Up for All Competitors	TBD (check event website)
10:00 am-12:00 pm	Black Belt FISU America Poomsae Team Trials	Kwon's Martial Arts Center
12:00 pm-8:00 pm	Weigh-Ins for Collegiate Color Belt Sparring Competitors	TBD (check event website)
1:00 pm	Black Belt Poomsae and Color Belt Poomsae begins	Kwon's Martial Arts Center
8:00 pm-9:00 pm	NCTA General Assembly Meeting	TBD (check event website)

SATURDAY, Apr. 2, 2022

Time	Event	Location
7:30 am	Doors Open	Kwon's Martial Arts Center
8:00 am	Competition begins for Collegiate Color Belt Sparring	Kwon's Martial Arts Center
2:00 pm - 6:00 pm	Credential pick-up for everyone and weigh-ins for Collegiate Black Belt Sparring Competitors	TBD (check event website)

SUNDAY, Apr. 3 2022

Time	Event	Location
7:30 am	Doors Open	Kwon's Martial Arts Center
8:00 am	Collegiate Black Belt Sparring	Kwon's Martial Arts Center
After Competition Ends	Closing Ceremonies and Awards	TBD (check event website)

COLLEGIATE COMPETITOR ELIGIBILITY

2022 National Collegiate Championships

Athletes who graduated from college in either 2021, or 2022, or who are half-time status or more between Jan. 10 and April 1, 2022, will be eligible.

All athletes MUST do one of the following to verify collegiate eligibility of half-time status or greater by Monday, Mar. 14, 2022:

1. Use parchment.com to send an official transcript and use the address nctaeligibility@gmail.com at the bottom of the form on that page, OR
2. Check your school website for the option to have them send a transcript or proof of graduation directly to nctaeligibility@gmail.com, OR
3. Print and send the **2022 NCTA Collegiate Nationals Eligibility Form**, signed by your college registrar, to the address on that form (please take a photo or scan of completed form for your own reference), OR

Failure to complete this step will result in an athlete not being allowed to compete.

U.S. Citizenship

- All black belt competitors in the Poomsae Team Trials Division must show proof of United States citizenship. **Color copies** of one of the following acceptable forms should be uploaded to your Sport80 profile:
 - an unexpired U.S. passport;
 - a birth certificate; or
 - U.S. naturalization papers.
- Athletes in all other divisions do not need to be US Citizens

REGISTRATION AND FEES

The 2022 National Collegiate Championships are sanctioned by USA Taekwondo. All athletes and coaches must register online at the [USATKD Sport 80 website](#). All athletes and coaches must be USATKD Members.

All competitors and coaches must pay for their registration fees before registration closes at the end of the day on Friday, March 25th, 2022 at 23:59 MT.

There will be no at-the-door registration for either athletes or coaches.

Athlete Registration Fees

- Registration fee for 1 event (through Mar. 25th): \$110
- Each additional event: \$20 per event

Spectator Fees

- \$20 per spectator per day

Weight changes

- On-site weight class changes will be allowed but a fee of \$50 will be assessed. The athlete must declare the weight change before any official weigh-in attempt.

Coaches Registration Fees

- \$60

Note: Each coach is required to be a member of USATKD, to take and clear the USATKD background check every two years, to view the USOC Safe Sport video, and to have an Associate Coach (AC) certification, at a minimum. Coaches may obtain the AC certification by passing the Associate Coach Quiz within the Hang-a-star system at least 3 business days prior to the registration deadline. For further information, please visit <http://www.teamusa.org/usa-taekwondo/v2-coaching/coach-education-program>.

Note: Coaches must complete the [SafeSport Course](#) and a background check before registering to coach at any USATKD sanctioned event. More information about this requirement can be found [here](#)

Note: Athletes must complete the SafeSport Course as well.

ATHLETE REGISTRATION CHECKLIST

All Competitors

- Register and pay for the event on the [USATKD Sport 80 website](#) by **FRIDAY, MAR 25 TH** at 23:59 MT.
- Verify half-time student status or your graduation year either via Parchment or by mailing in your [2022 NCTA Collegiate Nationals Eligibility Form](#), *signed by your college registrar, to the address on that form* by **MONDAY, MAR 14th**. **Failure to have student status verified will result in the inability to compete at the tournament.**
- Athletes must complete the SafeSport Course (directions can be found on the Sport80 website).

Black Belt Competitors Only

- Upload proof of black belt certification to USATKD Sport 80 (if not already done).
- Upload proof of U.S. Citizenship to Sport 80 (if not already done). **Color copies** of the below are acceptable:
 - an unexpired U.S. passport;
 - a birth certificate; or
 - U.S. naturalization papers.

COACH REGISTRATION CHECKLIST

- Register and pay for the event on the [USATKD Sport 80 website](#) by **FRIDAY, MAR 25TH** at 23:59 MT

Note: All coaches must be registered through Sport 80 as an Associate coach or higher, view the USOC Safe Sport video, and have passed their USATKD required background check.

Note: Coaches must complete the [SafeSport Course](#) and a background check before registering to coach at any USATKD sanctioned event. More information about this requirement can be found [here](#)

- Coaches are encouraged to attend the NCTA General Assembly and Technical Meeting on Friday, April 1st.

COMPETITION RULES ~ POOMSAE

The 2022 National Collegiate Taekwondo Championships will follow the current USATKD rules, with some exceptions. All uniforms and gear must follow standard USATKD rules.

All rules, divisions, and requirements are subject to change at the discretion of the supervisory committee.

COMPETITOR REQUIREMENTS

Uniform Requirements. Competitors are required to have:

- A standard white, V-neck taekwondo uniform in good condition.
 - Color belt uniforms (even for red belts) must have a white collar
 - Black belt poomsae competitors may choose between the black V-neck and the WT poomsae (black Y-neck) uniforms
 - Pair and team competitors are recommended to match uniform styles

Taping. All taping for any athlete (poomsae or sparring) must be signed off on the taping itself by medical staff.

COACH REQUIREMENTS

A dress code for coaches will be in effect. A list of prohibited articles includes, but is not limited to, hats/visors, slippers/flip flops, jeans, shorts, leggings, and sweatpants.

POOMSAE DIVISIONS

COLLEGIATE COLOR BELT POOMSAE

Color belt competitors must choose one approved poomsae to perform a single time. Color belts will perform their poomsae one at a time. There are no weight divisions. The approved poomsae by belt level are:

Belt	Approved Poomsae
White/Yellow	Taegeuk 1 or 2
Green	Taegeuk 3 or 4
Blue	Taegeuk 5 or 6
Red	Taegeuk 7 or 8

COLLEGIATE BLACK BELT CHAMPIONSHIP POOMSAE

Black Belt Championship poomsae divisions will use a modified version of the WT poomsae competition format. Any division with 20 or more competitors will begin in the Preliminary Round. Any division with 9-19 competitors will begin in the Semifinal Round. Any division with 8 or fewer competitors will begin in the Final Round. The Final Round will use the cutoff format.

Division	Preliminary Round	Semifinals	Finals
Men's Individual	Taegeuk 8	Koryo	Taebaek and Pyongwon
Women's Individual	Taegeuk 6	Taegeuk 8	Keumgang and Taebaek
Mixed Pair	Taegeuk 8	Taebaek	Pyongwon and Sipjin
Men's Team	Taegeuk 8	Keumgang	Taebaek and Pyongwon
Women's Team	Taegeuk 6	Koryo	Keumgang and Taebaek

Note: For the **Championship Pair** (1 male, 1 female), **Championship Men's Team (3 males)**, and **Championship Women's Team (3 females)** divisions, all competitors competing on a single pair or team **MUST REPRESENT THE SAME COLLEGE**.

COLLEGIATE TEAM TRIALS POOMSAE

Black Belt Championship poomsae divisions will use a modified version of the FISU poomsae competition format. Any division with 20 or more competitors will begin in the Preliminary Round. Any division with 9-19 competitors will begin in the Semifinal Round. Any division with 8 or fewer competitors will begin in the Final Round. The Final Round will use the cutoff format.

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Division	Preliminary Round	Semifinals	Finals
Men's Individual	Taegeuk 8	Koryo	Pyongwon and Freestyle
Women's Individual	Taegeuk 6	Taegeuk 8	Taebaek and Freestyle
Mixed Pair	Taegeuk 8	Taebaek	Sipjin and Freestyle
Men's Team	Taegeuk 8	Keumgang	Pyongwon and Freestyle
Women's Team	Taegeuk 6	Koryo	Taebaek and Freestyle

Note: For the TEAM TRIALS Pair (1 male, 1 female), Championship Men's Team (3 males), and TEAM TRIALS Women's Team (3 females) divisions, all competitors competing on a single pair or team CAN REPRESENT DIFFERENT COLLEGES, unlike the championship division..

COMPETITION RULES ~ SPARRING

The 2022 National Collegiate Taekwondo Championships will follow the current USATKD rules, with some exceptions. All uniforms and gear must follow standard USATKD rules.

All rules, divisions, and requirements are subject to change at the discretion of the supervisory committee.

COMPETITION FORMAT

Collegiate Championships Division Black Belt Competitors

- Three (3) rounds of 2 minutes, 1 minute rest between rounds
- Single elimination
- Full Contact Rules for all divisions

Collegiate Color Belt Competitors

- Three (3) rounds of 1 minute, 30 seconds rest between rounds
- Single elimination
- Head contact
 - White/Yellow Belt division: No head contact
 - Green and Blue Belt divisions: Junior Safety Rules (controlled head contact)
 - Red Belt and above divisions: Full Contact Rules

COMPETITOR REQUIREMENTS

Uniform Requirements. Competitors are required to have:

- A standard white, V-neck taekwondo uniform in good condition
 - Black belt uniforms must have a black collar
 - Color belt uniforms (even red belts) must have a white collar

Equipment Requirements. Competitors are required to have:

- Only for White/Yellow, Green, & Blue belt sparring competitors: Properly-fitting WT foam head gear, with no damage or cracks. Head gear may be white, red, or blue. If not white, they must correspond to the color of the chest protector.
- USATKD-approved open-finger gloves are mandatory. Gloves may be white, red, or blue. If not white, they must correspond to the color of the chest protector.
- Foam or vinyl shin protectors and forearm guards. Forearm guards with hand protectors attached are not allowed.
- Groin protection (required for both male and female sparring competitors) worn under uniform
- A mouth guard. Mouth guards must be clear or white, although exceptions are allowed if the competitor has a doctor's note, which must be presented during inspection.

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Electronic Gear. Generation 2 Daedo/Truescore electronic chest protectors will be used for all sparring divisions.

- All sparring athletes must provide their own Daedo e-Foot Gear
- e-Headgear will only be used for Full Contact divisions (i.e., Black Belt and Red Belt divisions)

Taping. All taping must be signed off on the taping itself by medical staff.

COACH REQUIREMENTS

A dress code for coaches will be in effect. A list of prohibited articles includes, but is not limited to, hats/visors, slippers/flip flops, jeans, shorts, leggings, and sweatpants. Cell phones and communication devices are also prohibited while in the coach's chair.

SPARRING DIVISIONS

The weight divisions are as follows. Divisions may be combined at the tournament supervisory committee's discretion.

COLLEGIATE BLACK BELTS (CHAMPIONSHIP DIVISION)

	Male	Female
Fin	Below 54 kg	Below 46 kg
Fly	54.1-58 kg	46.1-49 kg
Bantam	58.1-63 kg	49.1-53 kg
Feather	63.1-68 kg	53.1-57 kg
Light	68.1-74 kg	57.1-62 kg
Welter	74.1-80 kg	62.1-67 kg
Middle	80.1-87 kg	67.1-73 kg
Heavy	Over 87 kg	Over 73 kg

COLLEGIATE COLOR BELTS DIVISIONS

	Male	Female
Fin/Fly	Below 58 kg	Below 49 kg
Bantam/Feather	58.1-68 kg	49.1-57 kg
Light/Welter	68.1-80 kg	57.1-67 kg
Middle/Heavy	Over 80 kg	Over 67 kg

COLLEGIATE SPARRING DIVISIONS by BELT RANK

Black Belts

Red Belts

Blue Belts

Green Belts

White and Yellow Belts (register online as Yellow for this division)

WEIGHT CHANGES

For both Color belt and Black belt competitors, on-site weight class changes will be allowed but a fee of \$50 will be assessed. The athlete must declare the weight change before any official weigh-in attempt.

NCTA INSTITUTIONAL MEMBERSHIP

To be considered for the NCTA team standings, as well as to have a vote at the general assembly, please register your university or college taekwondo club by completing the form at the NCTA website (<http://ncta-usa.com/>).

Please note: institutional membership must be paid prior to the NCTA meeting on Friday, April 1.

COLLEGIATE STANDINGS

All schools that are registered members of the NCTA in 2022 and are in good standing may earn points toward collegiate standings. Each gold medal in a qualifying division is worth 3 points. Each silver medal in a qualifying division is worth 2 points and each bronze medal in a qualifying division is worth 1 point.

Eligible teams may earn points toward the first, second, and third place trophies in three categories:

1. Novice – points accrued by color belts only
2. Championship – points accrued by black belts only
3. Combined – points accrued by black belts and color belts

Qualifying divisions that earn points for the novice and combined categories are as follows:

- Color Belt Poomsae (all divisions)
- Color Belt Sparring (all divisions)

Qualifying divisions that earn points for the black belt and combined categories are as follows:

- Black Belt Male Individual Championship Poomsae
- Black Belt Female Individual Championship Poomsae
- Black Belt Mixed Pair Championship Poomsae
- Black Belt Men's Team Championship Poomsae
- Black Belt Women's Team Championship Poomsae
- Black Belt Sparring (all divisions)

TRANSPORTATION, LODGING AND FOOD

Recommended Airports

Boston Logan Airport (40 mi)-Recommended
Manchester-Boston Regional Airport (60 mi)
Rhode Island T.F. Green International Airport (62 mi)

Hotels

Host Hotel

Embassy Suites by Hilton Boston Marlborough
123 Boston Post Road West,
Marlborough, MA 01752
508-485-5900
[Click here for the discounted room rates](#) (reserve by 3/18/22)

Additional Hotel:

Hampton Inn Boston/Marlborough
277 Boston Post Road West
Marlborough, MA 01752
[Click here for the discounted room rates](#) (reserve by 3/18/22)

Parking

There are several parking lots near the venue, but if possible, it recommended that participants maximize drop-off or carpooling as much as possible in the event that the lots fill up.