

National Collegiate Taekwondo Association



**2025 NCTA Sparring Team Trials
March 16, 2025**

Opportunity Central (OC) Campus
680 Innovation Blvd, Forney, TX 75126

Information Packet

**PLEASE READ THIS DOCUMENT CAREFULLY. REGISTRATION
PROCESSES AND COMPETITION PROCEDURES HAVE CHANGED**

INTRODUCTION

The National Collegiate Taekwondo Association (NCTA) is pleased to announce that the Sparring Team Trials for the 2025 Summer World University Games will be held in Forney, TX, just outside Dallas, on Sunday, March 16 at the Opportunity Central (OC) campus. The Trials will be held in conjunction with the Texas State Taekwondo Championships on March 15-16. Taekwondo was recently awarded a G-4 status for these Games. The Summer World University Games will be held in Rhine-Ruhr, Germany on July 16-27.

The cost for the trip for each athlete is approximately \$3,095 plus airfare (which includes athlete village housing & food, credentials, and USA Team apparel). The NCTA will provide a minimum of \$500 per athlete of support; while additional funding may be forthcoming for athletes, no funding beyond that should be assumed and athletes should be prepared to pay for the remaining cost of the event.

Poomsae Team Trials will not be held at this event, but will be held in conjunction with the 2025 National Collegiate Taekwondo Championships.

For general questions and concerns, please email: ncta.contact@gmail.com. For questions or concerns regarding eligibility, please email: NCTAeligibility@gmail.com.

SPONSORED BY

National Collegiate Taekwondo Association
(<http://ncta-usa.com/>)



Dan Chuang, *NCTA President*
Tara Sarathi, *Tournament Committee Chair*
Jaime Schulte, *Referee Chair*
Heidi Hatfield, *Eligibility Chair*

VENUE

Opportunity Central (OC) Campus



680 Innovation Blvd
Forney, TX 75126

SANCTIONED BY



USA Taekwondo (<https://www.teamusa.org/USA-Taekwondo>)
No USATKD Ranking Points

TABLE OF CONTENTS

| | |
|---------------------------------------|-----------|
| INTRODUCTION | 1 |
| TABLE OF CONTENTS | 2 |
| SCHEDULE OF EVENTS | 3 |
| COMPETITOR ELIGIBILITY | 4 |
| REGISTRATION AND FEES | 5 |
| ATHLETE REGISTRATION CHECKLIST | 6 |
| COACH REGISTRATION CHECKLIST | 7 |
| SPARRING COMPETITION RULES | 8 |
| COMPETITION FORMAT | 8 |
| COMPETITOR REQUIREMENTS | 8 |
| COACH REQUIREMENTS | 9 |
| SPARRING DIVISIONS | 10 |
| HOTEL INFORMATION | 11 |

SCHEDULE OF EVENTS

Below is a schedule of events for the weekend.

Times of day and locations for each event can be viewed at the championships page:

<https://ncta-usa.com/wordpress/2025-ncta-summer-world-university-games-sparring-team-trials/>

Saturday, March 15, 2025

10a-12 p & 2p-4p

Registration for Sparring Team Trials

Weigh-ins for Sparring Team Trials

Sunday, March 16, 2025

9a-5p

Summer World University Games Team Trials Sparring

COMPETITOR ELIGIBILITY

- Competitors in the Collegiate Team Trials Divisions must be born in the years 2000 through 2007.
- Athletes (undergraduate or graduate) who graduated from college in either 2024, or 2025, or who are half-time status or more between Jan. 10 and March 15, 2025, will be eligible.
- Athletes **must be US citizens**.
- All black belt competitors in the Collegiate Team Trials Divisions must show proof of United States citizenship. **Color scans or clear photos** of one of the following acceptable forms should be uploaded to your Sport80 profile:
 - an unexpired U.S. passport;
 - a birth certificate; or
 - U.S. naturalization papers.

All collegiate athletes MUST do one of the following to verify collegiate eligibility of half-time status or greater by March 1, 2025:

- Use parchment.com to send an official transcript and use the address nctaeligibility@gmail.com at the bottom of the form on that page, OR
- Check your school website for the option to have them send a transcript or proof of graduation directly to nctaeligibility@gmail.com, OR
- Email a clear photo or scan of the 2025 NCTA Collegiate [Team Trials Eligibility Form](#), signed by your college registrar, to nctaeligibility@gmail.com by March 1, 2025.

Failure to complete this step will result in an athlete not being allowed to compete. Please email nctaeligibility@gmail.com with any problems or concerns.

REGISTRATION AND FEES

The Collegiate Championships are sanctioned by USA Taekwondo. All athletes and coaches must be USATKD Members.

All athletes must BOTH register for the event through the [USATKD Sport 80 website](#) by Thursday, March 6th at 23:59 MT

All competitors and coaches must pay for their registration fees before registration closes at the end of the day on Thursday, March 6th, 2025 at 23:59 MT through both the NCTA Registration Form and Sport80.

There will be no at-the-door registration for either athletes or coaches.

Athlete Registration Fees

- Registration fee for 1 event: \$100

Spectator Fees

- \$20 per spectator per day

Weight changes

- On-site weight class changes will be allowed but a fee of \$50 will be assessed. The athlete must declare the weight change before any official weigh-in attempt.

Coaches Registration Fees

- \$80

Note: Each coach is required to be a member of USATKD, to take and clear the USATKD background check every two years, to view the USOC Safe Sport video, and to have an Associate Coach (AC) certification, at a minimum. Coaches may obtain the AC certification by passing the Associate Coach Quiz within the Sport80 system at least 3 business days prior to the registration deadline. For further information, please visit <https://www.usatkd.org/v2-coaching/coach-education-program>

Note: Coaches must complete the SafeSport Course and a background check through your Sport80 membership before registering to coach at any USATKD sanctioned event. **Please note that the background check can take up to 2 weeks to process, so please start this process early!**

Note: Adult athletes must complete the SafeSport Course as well.

ATHLETE REGISTRATION CHECKLIST

Your registration will not be considered complete until you have done the following:

- **Register and pay for the event on the [USATKD Sport 80 website](#) by Thursday, March 6th at 23:59 MT.**
 - [A video guide to registering for an event on Sport80 can be found here.](#)
 - **Please be sure to add your color of belt in your profile** or you will not be able to register for events.
 - Upload proof of black belt certification to USATKD Sport 80 (if not already done). **Color copies** of the below are acceptable:
 - an unexpired U.S. passport;
 - a birth certificate; or
 - U.S. naturalization papers.
- **Complete the SafeSport Course** (directions can be found on the Sport80 website).
- Verify half-time student status or your graduation year by doing *one of the following by March 1st*:
 - Use [parchment.com](#) to send an official transcript and use the address nctaeligibility@gmail.com at the bottom of the form on that page, **OR**
 - Check your school website for the option to have them send a transcript or proof of graduation directly to nctaeligibility@gmail.com, **OR**
 - Send the completed [2025 NCTA Team Trials Eligibility Form](#), signed by your college registrar, and email a clear photo or scan by **March 1, 2025** to nctaeligibility@gmail.com

COACH REGISTRATION CHECKLIST

- Register and pay for the event on the [USATKD Sport 80 website](#) by **Thursday, March 6th** at 23:59 MT
- All Coaches are required to
 - Be a member of USATKD
 - Take and clear the USATKD background check every two years
 - Complete the SafeSport video training every year
 - Have, at minimum, an AC certification

All coaches ARE REQUIRED to hold at minimum an Associate Coach (AC) Certification within the USA Taekwondo CIDP program, be a current member, complete the Center for SafeSport training (every year), and taken and cleared the USATKD background check (every 2 years). **Please note that the background check can take up to 2 weeks to process, so please start this process early!**

Coaches may obtain the AC certification by passing the Associate Coach Quiz. The AC Coach Quiz should be completed at least 5 business days prior to the registration deadline to allow for grading. Coaches will also be required to view the Center for SafeSport Training Video. The SafeSport video, background check and Associate Coach Certification must be completed before a coach can register for an event.

More information can be found at: <http://www.teamusa.org/usa-taekwondo/v2-coaching/coach-education-program>

SPARRING COMPETITION RULES

The 2025 NCTA Sparring Team Trials will follow the current USATKD rules. All uniforms and gear must follow standard USATKD rules.

All rules, divisions, and requirements are subject to change at the discretion of the supervisory committee.

COMPETITION FORMAT

- Best of three (3) rounds of 2 minutes, 1 minute rest between rounds
- Full Contact Rules

The format will be single-elimination for divisions of five (5) or more entrants and double elimination for divisions of four (4) or fewer entrants. The winners from the single-elimination and double-elimination rounds will be considered the 2025 winners and will serve as the 2025 Summer World University Games Taekwondo team nominee. The entrant in second place (the runner up) will be considered the B-team member and alternate should the winner not be able to serve as the 2025 Summer World University Games team member. If neither the 1st place nor the 2nd place team from the sparring fight off is able to serve on the 2025 SWUG team, then it will be at the discretion of a selection committee whether or not an entrant for said division will be included on the US team competing at the 2025 Summer World University Games. The committee will consist of: the NCTA President, a sparring athlete representative, and a sparring coaching representative.

More information on the selection procedures [can be found on the NCTA website.](#)

COMPETITOR REQUIREMENTS

Uniform Requirements.:

- Sparring competitors are required to have a standard white, V-neck taekwondo uniform in good condition
 - Black belt uniforms must have a black collar

Equipment Requirements. Competitors are required to have:

- USATKD-approved open-finger gloves are mandatory.
- USATKD-approved shin protectors and forearm guards. Forearm guards with hand protectors attached are not allowed.
- Groin protection (required for both male and female sparring competitors) worn under uniform
- A mouth guard. Mouth guards may be any color but red, although exceptions are allowed if the competitor has a doctor's note, which must be presented during inspection.
- Daedo PSS will be used. Athletes will need to provide their own Daedo electronic socks
- Taping. All taping must be signed off on the taping itself by medical staff.

COACH REQUIREMENTS

A dress code for coaches will be in effect. A list of prohibited articles includes, but is not limited to, hats/visors, slippers/flip flops, jeans, shorts, leggings, and sweatpants. Cell phones and communication devices are also prohibited while in the coach's chair.

SPARRING DIVISIONS

The weight divisions are as follows. Divisions may be combined at the tournament supervisory committee's discretion.

COLLEGIATE BLACK BELTS

| | Male | Female |
|---------|-------------|-------------|
| Fin | Below 54 kg | Below 46 kg |
| Fly | 54.1-58 kg | 46.1-49 kg |
| Bantam | 58.1-63 kg | 49.1-53 kg |
| Feather | 63.1-68 kg | 53.1-57 kg |
| Light | 68.1-74 kg | 57.1-62 kg |
| Welter | 74.1-80 kg | 62.1-67 kg |
| Middle | 80.1-87 kg | 67.1-73 kg |
| Heavy | Over 87 kg | Over 73 kg |

HOTEL INFORMATION

Please check the [NCTA Sparring Team Trials Website](#) for hotel recommendations and reservation links.